

British Canoeing Courses

Stand Up Paddle Board Support Module

Venue: Hayle or Cadgwith Cove (or another suitable venue of your choice).

Cost: £80 (Group discounts are available)

This one day Paddle Board course is designed for any instructor wishing to extend their skills to paddle boarding. The course is designed for existing BC Paddlesports coaches and includes an introduction to the equipment available, techniques that apply and will provide a fun and informative way of using coaching techniques that apply to Paddle Boarding.

There are no prerequisites for the course, however if you wish to gain a BC certificate you need to have a current BC Coaching Award. Follow this link for more information: [British Canoeing Website Stand Up Paddle Board Module](#)

What will you learn?

- About SUP equipment and safety equipment
- How to run a safe SUP session and give confidence to beginners
- A variety of SUP rescues
- For those with UKCC L1 and L2 Coach, how to transfer the Fundamentals, and TTPP

